

# Your personal conversation guide for PNH

Coming to your appointments prepared can help you get the most out of your conversations with your doctor. If you're unsure where to start, reflect on these questions to help you discuss important aspects of your PNH:

## Share how you've been feeling (symptoms)

What symptoms have you been experiencing over the past week? How frequently have they occurred?

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What kind of adjustments did you make, if any, to your regular activities?

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## Align on your treatment goals

What do you want to accomplish with treatment? How often would you like to have progress check-ins?

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## Be open about your treatment and any related struggles

What are your current and/or past treatments for PNH?

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How well have your past and/or current medications worked for you?

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What have been the pros and cons to your treatment?

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**Use this section to write down any notes, questions or concerns that you want to talk about during your appointment.**

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